

[Personal Insurance](#) / [Auto Insurance](#)

## Safety and Prevention

My prudent and responsible driving contributes to maintaining my good driving record and keeps my automobile insurance premium affordable.

I do not drive when I've been drinking alcohol.

I respect speed limits, signs and I am focused on the road.

I keep a good distance between my vehicle and the one ahead of me.

### Tips for preventing theft or vandalism

- Close and lock the door and windows of your car when it's parked and, if possible, park in a well-lighted area on a busy street.
- Never leave valuables within sight of passers-by; hide them.
- Make sure the vehicle's alarm system is working.
- Never leave a child alone in a vehicle.
- Never leave a vehicle running without someone watching it, even for a few seconds.

**When travelling**, you can take certain precautions to ensure your safety.

- Always make sure you have enough gas for your planned trip.
- Check the state of your tires; keep them in the condition appropriate to the season.
- Keep a survival kit in the vehicle.
- Get the weather forecasts on the radio.
- Stop and take time to rest.

### What a survival kit should include.

- A first-aid kit.
- A blanket, gloves, hat, chocolate bars.
- A flashlight, flares, jumper cables.
- In winter, put a shovel and a bag of salt or sand in the vehicle.
- A solid rope, a flag or a piece of red cloth.